

Family & Community MEDICINE

Summer 2021

As a family medicine physician and team physician for MU Athletics,

TIFFANY BOHON, MD

is doing what she wants to do and couldn't be happier!

During grade school, Tiffany Bohon performed tap and jazz with a dance crew, played forward on her soccer team, and she swam for Columbia Swim Club. Tiffany excelled in all three sports, but by high school, when she decided to pick one place to spend her time and energy, she chose the swimming pool.

"Looking back, this is one of the most important decisions I've made in my life," says Tiffany, whose record-setting swimming career at Hickman High School earned her scholarship offers from three universities. She attended Mizzou and continued to set records as a varsity swimmer for the MU Tigers.

"I'm super grateful for swimming and how it prepared me for my career!" she says.

The passion, work ethic, confidence and competitive spirit that fueled Tiffany Bohon's performance in the water is now fueling her success in academic medicine.

MEDICINE was not her career goal when Tiffany Bohon enrolled at MU in 1999.

"As a competitive swimmer, I had a few injuries - lower back stuff and issues with my shoulders, but no surgeries. These helped me understand the pain that athletes feel, the challenges associated with rehab and recovery, and the importance of physical therapy," she says. "So I was a pre-PT (physical therapy) student when I started college."

Two years later, she changed her mind and decided to become a doctor. Dr. Bohon was excited about her new goal, even though it meant she'd need five years to complete her coursework and graduate. During her fifth year at MU, Dr. Bohon focused on doing everything she could to be a strong candidate for medical school. She shadowed MU family physician Dr. Erika Ringdahl in her evening clinic, where Dr. Bohon was able to observe patient care from a physician's perspective. And since she was no longer swimming, Dr. Bohon had time to volunteer as a student athletic trainer for the MU football team.

"As a volunteer trainer, I did all kinds of things, including filling the water bottles and picking them up if they'd been thrown to the floor," she says. "That didn't bother me because I loved the athletes, and this job let me learn first-hand about the sport, the team, and the role of athletic trainers."

When applying to medical school, Dr. Bohon never considered going anywhere but MU. Columbia is her home and it's where her family lives. She had a great experience as an MU Tiger swimmer, and she loved the patient-based learning (PBL) curriculum. Plus her doctor, teacher, mentor and friend Dr. Jim Kinderknecht was at MU.

In 2004 Dr. Bohon was happy to complete her pre-med coursework and graduate from MU, but disappointed to learn that she was waitlisted, not accepted, into MU's medical school. A competitive, highly motivated and focused Dr. Bohon did not let that news destroy her spirit or commitment to becoming a doctor.

She dedicated the next year to improving and expanding her medical school application portfolio. She retook the MCAT, continued volunteering as an athletic trainer and shadowing Dr. Ringdahl, and she shadowed Dr. Jill Murphy, an ER physician at Boone Hospital.

TIFFANY BOHON, MD: CONTINUED ON PAGE 18



FIRST SPLASH

TIFFANY was five when she took her first swimming lesson. She was in class with her older sister, Miki, and from the start, Tiffany and Miki loved to swim. Both did the breaststroke; both were stars on their high school swim team, and both swam four years during college.

HICKMAN KEWPIE

TIFFANY was Missouri's first four-time individual state champion in a single event (100 yard Breaststroke); she won the 200m Individual Medley her senior year, and she earned high school All American honors in the breaststroke.

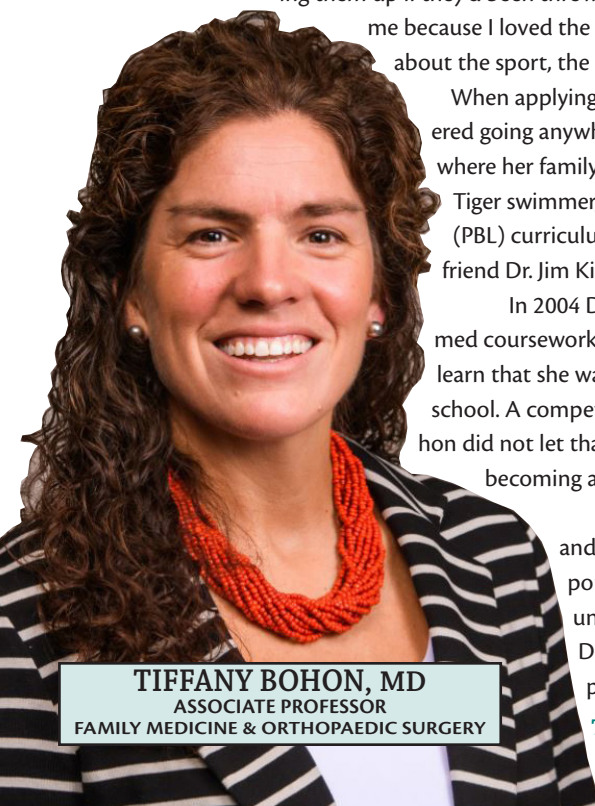
Swim meets were fun, and she enjoyed the camaraderie of her teammates, but Tiffany's most special swimming memories did not happen in the swimming pool. Instead they happened in the Bohon family van while traveling to her meets. She remembers sitting in the van's big, comfy seats, watching movies, and laughing with her mom, dad, sister and brother.

MIZZOU TIGER

TIFFANY'S record-setting swimming career continued at MU, where she was team captain her junior year. In 2003, when she was a senior, Tiffany had her best time and set a breaststroke record that lasted six years at Mizzou. She was a fourth year medical student, finishing her last day of rotations in 2009, when she learned her record was broken.

STUDENT ATHLETE ... TO VOLUNTEER STUDENT ATHLETIC TRAINER ... AND NOW MU TEAM PHYSICIAN

TIFFANY BOHON's career development at Mizzou has come full circle!



TIFFANY BOHON, MD

ASSOCIATE PROFESSOR
FAMILY MEDICINE & ORTHOPAEDIC SURGERY

CHAIR'S MESSAGE

Dear Friends,

Who among us seriously imagined we would be steering ourselves and our patients through a once in a century pandemic? Perhaps Charles Dickens prophetically described it the best, "It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair." While I fully understand (and have experienced) the feelings reflected in the negative parts of the quote, let us focus on the positive.

Never have I been prouder to be a scientist. The pace of inquiry, exploration and development has never been faster, and prevention has moved from backstage to center stage as we have brought discovery to the exam room in record time.

Never has our work, albeit stressful, been more rewarding. Our skills, knowledge and service are meaningfully driven by time and place and patient need. Hope and compassion remain essential skills.

Never have I felt better about medical education. Please take a hard look at our 2021 graduates. This was a class whose education was seriously disrupted and yet they distinguished themselves with hard work, dedication, team spirit and an amazingly positive attitude.

Reading this newsletter, I am humbled to be part of the MU Family Medicine community. There is much inspiration and wisdom on these pages.

Be well.



MICHAEL LEFEVRE, MD, MSPH
PROFESSOR AND CHAIR
JACK M. AND WINIFRED S. COLWILL CHAIR

MU FAMILY & COMMUNITY MEDICINE EXTENDS A WARM WELCOME TO NEW FACULTY MEMBERS

• **THOMAS ANDREWS, MD**, 2021 MU Geriatric Medicine Fellow, joined our faculty this summer. An assistant professor, Dr. Andrews is teaching and practicing geriatric medicine in nursing homes and home-bound settings. He also does geriatric consults and sees patients at our multidisciplinary Senior Assessment and Geriatric Evaluation (SAGE) clinic.

A 2017 graduate of MU's School of Medicine, Dr. Andrews completed Internal Medicine Residency at MU before starting our Geriatric Medicine Fellowship in 2020.

Dr. Andrews and his wife, Lauren, have a son, Isaiah. They love Columbia!

• **SHANNON CANFIELD, PhD, MPH**, research assistant professor, joined our faculty this summer. After earning her MPH from MU in 2010, Dr. Canfield served as project director for several large studies conducted by our research team. She completed her PhD in social work in May.

Dr. Canfield was appointed Associate Director, MU Center for Health Policy (CHP), in June. CHP is a center of excellence committed to addressing questions of access to quality, affordable health care.

Dr. Canfield looks forward to continued collaborations with MU Family Medicine researchers. She and her husband, Chad, have two children, Pete, 20, and Lily, 16.

• **MARCIA MAINS, MD**, assistant professor, will join our faculty this fall. In addition to seeing patients at Battle Avenue Family Medicine, Columbia, she will do OB and attend for residents on our inpatient and OB services.

After earning her medical degree from MU in 2015, Dr. Mains completed three years of OB/GYN Residency at University of Tennessee (UT). In 2018, she began UT's Family Medicine Residency and graduated in June.

"It's great to be coming back to Mizzou," says Dr. Mains. "Columbia has a very special place in my heart. It's where I completed undergrad and med school, met my husband, and experienced so much personal and professional growth."

• **BRITTANY M'CARTY, DO**, 2021 MU Hospice and Palliative Medicine Fellow, joined our faculty this summer. An assistant professor, she is providing outpatient palliative care to patients with complicated illness. Her goal is to increase the ways palliative care can support patients with chronic medical conditions, with a focus on Advanced Care Planning.

A 2017 graduate of Kirksville College of Osteopathic Medicine, MO, Dr. McCarty completed her Internal Medicine Residency at Freeman Health, Joplin, MO, before starting our HPM Fellowship in 2020.

"My husband, Kyle, and I enjoy living in Columbia and are happy to make this town our home," says Dr. McCarty.

• **LAQUITA MORRIS, MD**, assistant professor, joined our faculty this summer. She is seeing patients at South Providence Family Medicine, Columbia, doing OB and attending for residents on our OB service.

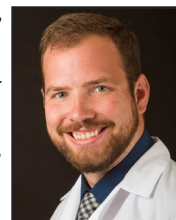
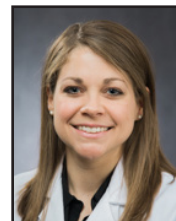
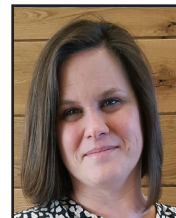
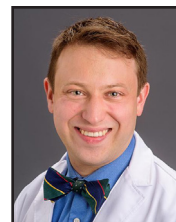
After earning her medical degree from Loyola University, Mayfield, IL, in 2018, Dr. Morris moved to Missouri to enroll in MU's Family Medicine Residency. She completed her training in June.

"I'm happy to be part of the MU family," says Dr. Morris. "I value the relationships I've developed with faculty, residents, staff and my patients."

• **CARL TUNINK, MD**, 2021 MU Hospice and Palliative Medicine Fellow, joined our faculty this summer. An assistant professor, he's seeing patients at Callaway Physicians, Fulton; teaching medical students; attending for residents on our inpatient service, and doing palliative care consults.

After earning his medical degree from Creighton University, Omaha, NE, in 2017, Dr. Tunink enrolled in MU's Family Medicine Residency. He began our HPM Fellowship when he finished residency training in 2020.

"I'm happy to be staying here and grateful for the opportunity to pursue my Masters of Science in Academic Medicine degree," says Dr. Tunink. "My wife, Nicole, and I like Columbia. It's a great community and has so much to offer."



NICHOLAS (NICK) LEFEVRE, MD, & WHITNEY LEFEVRE, MD,

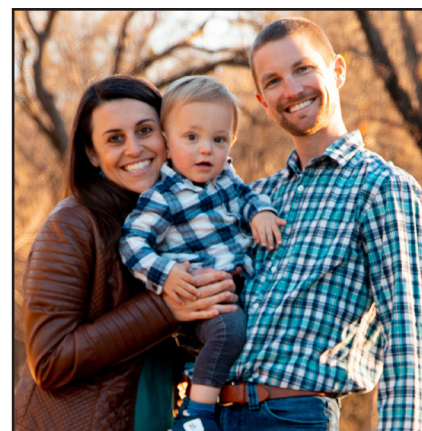
will join our faculty (both assistant professors) this fall. Nick will see patients at South Providence Family Medicine, Columbia; he will do obstetrics and attend for residents on our OB and inpatient services, and he will teach in the residency and medical student curriculums. Nick has a special interest in substance abuse treatment.

Whitney will see patients at Keene Family Medicine, Columbia; she will attend for residents on our inpatient service, and she will help the SOM design a longitudinal clerkship for its Rural Track Program. Whitney will also join the faculty at MedZou, a student-run clinic that provides free medical care to underserved patients.

After graduating from MU School of Medicine in 2013, Nick and Whitney moved to Massachusetts to attend Lawrence Family Medicine Residency (LFMR). Nick also completed LFMR's Integrated Fellowship in High-Risk and Operative Obstetrics.

In 2017, they joined the faculty at TCU School of Medicine and John Peter Smith (JPS) Family Medicine Residency, Fort Worth, TX. Nick serves as Point of Care Ultrasound Curriculum Director, teaches in the global ultrasound institute and co-directs the largest FMOB fellowship in the country. Whitney developed and now directs the Family Medicine Clerkship at TCU.

Nick and Whitney, married since 2013, have a son, Aidan, born June 2019. Together they love hiking with



NICK & WHITNEY LEFEVRE
MU FAMILY MEDICINE ASSISTANT PROFESSORS

their German Shepherd, Max, and cooking. Nick has learned to make Texas BBQ, and Whitney does desserts. They are excited to move back to Missouri and look forward to being close to family and watching Tiger football.

GILLIAN BARTLETT-ESQUILANT, PhD,



Professor, joined our MU Family Medicine research team last fall. Formerly a faculty member at McGill University in Montreal, Dr. Bartlett currently serves as Associate Dean

for Population Health and Outcomes Research, and Co-director of the Umbrella PhD Program for MU School of Medicine.

Dr. Bartlett specializes in primary care research and knowledge translation. Her current concentration is on knowledge translation and stakeholder engagement around health care utilization and outcomes for vulnerable populations; implementation of precision medicine using patient-oriented strategies; and the use of education innovations to advance the discipline of family medicine and primary care.

Dr. Bartlett has a strong interest in research capacity building. While completing a 10-year mandate as Research

and Graduate Program Director at McGill, she led the development and accreditation of three programs that now have enrolled more than 100 trainees:

- 1: MSc in Family Medicine,
- 2: PhD in Family Medicine and Primary Care, and
- 3: Clinician Scholars Program that focuses on enhancing research skills for 3rd year family medicine residents.

Dr. Bartlett received a bachelor's degree in psychology, and an MSc and PhD in epidemiology, all from McGill University. She also completed a post-doctoral fellowship in Social and Preventative Medicine at the University of Montréal. She currently serves as president of North American Primary Care Research Group and executive director for the Network Coordinating Office of the Primary and Integrated Health Care Innovations Network.

Dr. Bartlett moved to Missouri with her husband, Jochen Esquilant, and their rather large dog, Cooper. Their three children are grown and live in Canada and France. She is a voracious reader and loves gardening, hiking and pretty much anything in nature that does not involve rock climbing.

DR. GILLIAN BARTLETT

is leading efforts to enhance two degree programs at MU School of Medicine: creating a research stream in our existing Masters of Science in Academic Medicine in Family Medicine and co-directing the new Translational Biosciences PhD with an emphasis area in Population and Precision Health. Both programs should be open for enrollments in early 2022.

These degrees, which target family physicians, residents and other professionals with an interest in population health, focus on patient-oriented, community-based research using innovative methodologies and participatory approaches.

To learn more about these degrees, please email Dr. Bartlett: gillian.bartlett@health.missouri.edu

CONGRATULATIONS TO OUR RESIDENCY GRADUATES

— CLASS OF 2021 —



Miles Crowley, MD

Miles is joining the faculty at University of Kansas Medical Center (Rock chalk – Jayhawk!), where he will conduct research on health disparities, teach residents, and do patient care in clinic and in the hospital.



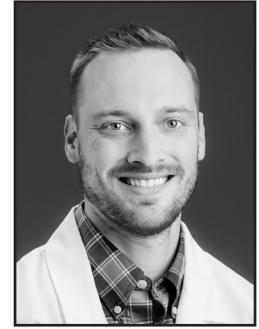
Alyssa Emery, MD

Alyssa, husband, Eddie, and children, Gabriel and Lucille, are moving to Sedalia, MO, where she will practice family medicine at Bothwell Health and be an attending at Bothwell's Rural Residency program.



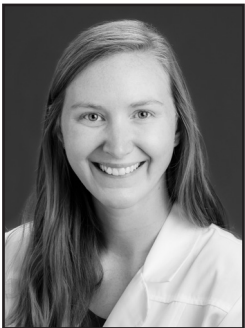
Savannah Ericksen, DO

Savannah, her husband, Ben, and their children, Thea and Maclane, are moving to Clinton, MO. Ben will do physical therapy, and Savannah will practice outpatient medicine at Golden Valley Healthcare Clinic.



Alexander Finck, MD

Alex and his wife, Loren, are excited to move back to their hometown, Mexico, MO. Alex and his classmate, Zack Treat, are opening a direct primary care clinic, Cornerstone Family Medicine, in Mexico.



Rose Glastetter, DO

Rose looks forward to joining her fiancé, Greg, in Lawton, a town of 95,000 in southwest Oklahoma. Rose will practice outpatient family medicine at the Lawton Community Health Center.



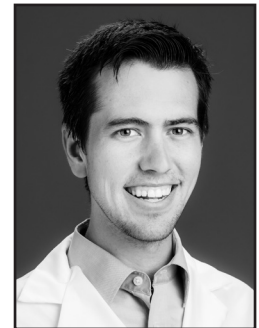
Kyle Hadden, MD

Kyle, his wife, Bethany, and their sons, Robert and Daniel, are moving to Jacksonville, IL. Kyle will practice outpatient family medicine at Memorial Physician Services, a health system with clinics across central Illinois.



Ethan Jaeger, DO

Ethan, his wife, Amy, and their two children, Adaline and Solace, are staying in Columbia. Ethan will begin MU's Family Medicine-sponsored Primary Care Sports Medicine Fellowship in the summer.



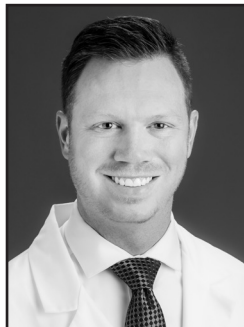
Colin McDonald, MD

Colin, his wife, Lauren, and new baby, Natalie, are staying in Columbia. Colin will do outpatient family medicine at Compass Health Center, a nonprofit organization that provides health care services across Missouri.



Laquita Morris, MD

Laquita is staying in Columbia and has accepted the invitation to join MU's Family Medicine faculty. Laquita will do OB, and she will maintain her practice at South Providence Family Medicine.



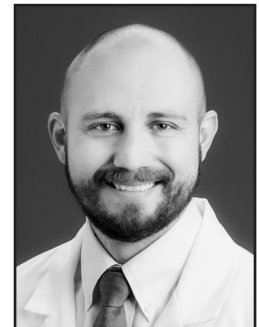
Matthew Roehrs, DO

Matt will join Bothwell Health to practice at Lincoln Family Medicine Clinic, Lincoln, MO. He and his wife, 2020 MU Family Medicine alum Dr. Misty Todd, will be attendings at Bothwell's Rural Residency.



Jessica Snyder, MD

Jessica and her husband, Nick, are moving back to their hometown in rural northern Missouri. Jessica will practice outpatient family medicine at St. Luke's Mercer County Clinic, Princeton, MO.



Zachary Treat, MD

Zack and his wife, Sara, are looking forward to moving to Mexico, MO. Zack and his classmate, Alex Finck, are opening a direct primary care clinic, Cornerstone Family Medicine, in Mexico.

A NEW CLASS OF FAMILY MEDICINE RESIDENTS

WE ARE PLEASED TO PRESENT OUR FIRST YEAR AND INTEGRATED RESIDENTS

RESIDENT (LEFT TO RIGHT)

MEDICAL SCHOOL

ROW 1	Tori Applegren, MD	University of Missouri: Columbia
	John Bocinsky, MD	University of Florida: Gainesville
	Jennifer Cheung, DO	Western University: Pomona, CA
	Nicole Formhals, MD	University of Missouri: Columbia
ROW 2	Adam Larey, MD	University of Arkansas: Little Rock
	Grayson Mynatt, DO	Lincoln Memorial University: Harrogate, TN
	Eliza Owens, MD	University of Missouri: Columbia
ROW 3	Ryan Peach, DO	Des Moines University: Iowa
	Bilal Quadri, MD	University of Missouri: Columbia
	Jane Salutz, MD	University of Wisconsin: Madison
	Allyson Sanders, MD	University of Louisville: Kentucky
ROW 4	Roma Sobieski, MD	Poznan University: Poznan, Poland
	Claire Wolber, MD	University of Missouri: Kansas City
	Lance Workman, MD	University of Illinois: Chicago



INTEGRATED RESIDENTS:

FOURTH YEAR MU MEDICAL STUDENTS (LEFT TO RIGHT):

Paige Beuparlant
Brent Dudenhoeffer
Cheyenne Dudenhoeffer
Elise Sherman
Samuel Holt McNair



CONGRATULATIONS 2021 FELLOWS

HOSPICE & PALLIATIVE MEDICINE FELLOWS

PHOTOS FIRST ROW: LEFT TO RIGHT

Brittany McCarty, DO

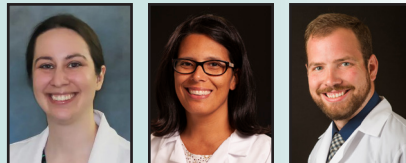
Brittany is joining MU's Family Medicine faculty.

Leticia Staner, MD

Leticia is doing palliative medicine at Harry Truman VA.

Carl Tunink, MD

Carl is joining MU's Family Medicine faculty.

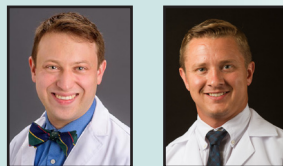


GERIATRIC MEDICINE FELLOW

PHOTO SECOND ROW: LEFT

Thomas Andrews, MD

Thomas is joining MU's Family Medicine faculty.



SPORTS MEDICINE FELLOW

PHOTO SECOND ROW: RIGHT

Tyler Gouge, MD

Tyler is practicing at Mizzou Urgent Care while he explores sports medicine job opportunities.

WELCOME 2022 FELLOWS

HOSPICE AND PALLIATIVE MEDICINE FELLOWS

Jason Holman, MD

EMR Physician in Tyler, TX

RESIDENCY:

MU Internal Medicine/Peds: 2008

Jonathan Lee, DO

RESIDENCY:

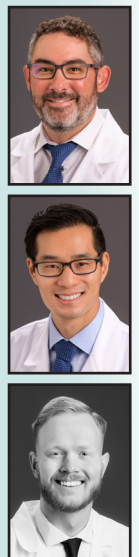
Southeastern Health
Internal Medicine,
Lumberton, NC: 2021

SPORTS MEDICINE FELLOW

Ethan Jaeger, DO

RESIDENCY:

MU Family Medicine: 2021





KIM COLTER, TIM LONG AND BRYCE PALCHICK

“Keep Jack Colwill off the port bow and your chief resident to starboard. Remember the idealistic goals of the person in your yearbook photo, then look astern and see if your wake is straight. If you can’t be as good looking as Tom Cooper, try to be half as wise. Try to emulate Tim Long’s care for patients.”

Kim Colter, MD

RESIDENCY CLASS OF **1981**

DR. COLTER: “Doing nursing home medicine, filling in one day a week in the office, working with iron deficient endurance athletes and doing the occasional iron infusion. Turned 70 in May, so the biblical warranty has run out. Alive and on no medicines 27 years after colon cancer. Still waking up next to Elaine. First grandchild arrived three weeks ago. Can you be any luckier?”

“Surround yourself with the very BEST people, and your personal and professional life will be immeasurably more fulfilling. As JT (James Taylor) would say, ‘The secret of life is enjoying the passage of time.’”

Tim Long, MD

RESIDENCY CLASS OF **1981**

DR. LONG: “I officially retired in July 2017 but never really quit working. In December 2020, I started filling in for some maternity leaves and then began working one day a week just to keep up my computer skills. The patients are heaven but the computer is still a pain in the ...

There have been a lot of changes in the Mercy East Medical community. With that in mind, starting in August, I will return to the Marthasville office that was my professional home since 1981, working two days a week. So the original TLC (Turner, Long and Colter group) will be back in action.

While the COVID-19 pandemic has kept us from traveling to Honduras, our group, Washington Overseas Mission, continues to send 4-5 trailers of humanitarian aid annually. Jan and I are fortunate to have five wonderful granddaughters.”

“So much has changed, not sure what advice I can give. No more ‘From the cradle to the grave.’ Continuity of care has lost its importance. Caring for the patients in the office, the hospital, and perhaps even the SNF or their home has become antiquated. Learning the medicine remains important. What is being revolutionized is the financing of medical care. If you would like to remain independent, deliver high quality primary care medicine, and make a very good living, let me know. We have a place for you in Pittsburgh.”

Bryce Palchick, MD

RESIDENCY CLASS OF **1981**

DR. PALCHICK: “Officially retired from full-time practice 7/1/2021. Will remain active with pharmaceutical research bringing meds to markets such as Ozempic, Trulicity, Jardiance and Shingrix. Also will volunteer two half-days a week at a Federally Qualified Health Center. Will begin work on my bucket list. Remain happily married to Arlene, my spouse of 43 years. Two wonderful daughters, Miki and Andra.”

“Always give your best. That’s the advice my mom gave me when I was young, and it’s motivated me throughout my life to do the best I could, as a physician, husband, father, grandfather and friend.

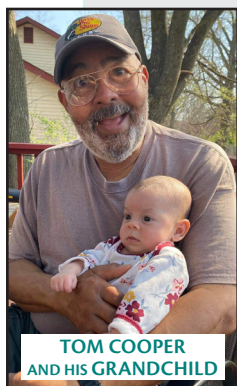
As a physician, it’s important to connect with your patients: Touch them, ask them questions and then truly listen to their answers. If you are a good listener, take good notes and care about your patients, you will be a good physician.”

Tom Cooper, MD

RESIDENCY CLASS OF **1981**

DR. COOPER: “I am totally retired from my career in medicine and have moved from a provider to a consumer of services. I am still farming with a cow-calf operation of about 75-85 head of cattle. I do as much as I can to teach my family about a way of life growing up on a farm.

I am so very thankful for what life has provided for me and my family. I have nine grandchildren, four boys and five girls, ranging from three months to 23 years old. My oldest grandson graduated from college in December 2020.”



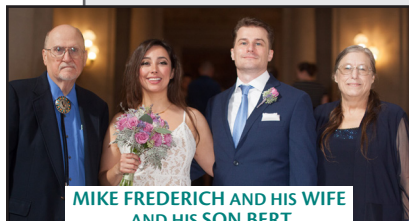
TOM COOPER
AND HIS GRANDCHILD



TOM COOPER FAMILY

"Do what you love and love what you do,' and 'Don't be afraid to try new things.' — Hannibal Lecter, MD."

Mike Frederick, MD
RESIDENCY CLASS OF **1981**



MIKE FREDERICH AND HIS WIFE
AND HIS SON BERT



JASON FREDERICH FAMILY

DR. FREDERICH: "In 2010, Diane and I relocated to Las Cruces, NM, to be near to and help with our four grandchildren. After 20 years as a full-time hospice medical director in six states, I returned to primary care office-based family medicine full time.

In 2015, I underwent life-changing bariatric sleeve surgery that resulted in a 140 lb. weight loss, which I've since maintained. This invigorated me enough to become a part-time hospice and palliative care medical director again and begin teaching in the pre-clinical years at Burrell College of Osteopathic Medicine, which opened in Las Cruces in 2017.

At age 69, I continue to practice in outpatient palliative care and family medicine four days per week, as well as teach part-time at Burrell one day per week. I have no immediate plans about retirement ... I am having too much fun.

Personally, continuing to be involved with our four grandchildren has been rewarding, although they are turning into young adults more quickly than I would like. Getting to trout water as often as possible for fly fishing (mainly on the San Juan River in northern New Mexico); taking trips to four corners Indian Country where I pursue my passion of collecting Native American art and crafts, and traveling as much as I can to the Bay Area in California to see my son, Bert, and his wife, Shirin, make me a very happy man."

"Work hard, embrace life. Teamwork is imperative. Use your God-given common sense. Take and enjoy play time for yourself and family. Listen to and thank often the Guardian Angel sitting on your shoulder."

Doug Kenney, MD
RESIDENCY CLASS OF **1981**

DR. KENNEY:

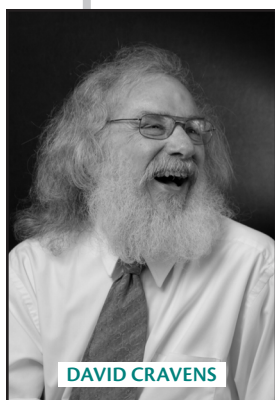
"Kristi and I have now been in Clinton for 40 years. I retired seven years ago (2014), after 33 years of family practice in the same location. Kristi retired from her law practice three years ago. We raised four children. Jeff (federal agent with Dept. of Education), Josh (electrical engineer

with Burns & McDonnell), Jake (assistant principal at Henry Elementary School, Clinton), and Jaime (second grade teacher at Henry Elementary School, Clinton). In addition to being blessed with those four, we are very blessed with 14 grandchildren.

My practice was very busy but enjoyable taking care of patients and their needs. My second life has been busy with family time, hunting, fishing and yard work. In addition, we have farm ground; caring for the land, clearing brush and farm business management is very rewarding."



DOUG KENNEY FAMILY



DAVID CRAVENS

"Keep up your enthusiasm for what you do and if necessary, focus your practice on what you love best about family medicine. As an example, I did a geriatric medicine fellowship after 15 years practicing at a clinic in a rural area!"

David Cravens, MD, MSPH
RESIDENCY CLASS OF **1981**

DR. CRAVENS: "Still working at MU Family Medicine – see patients only in ALF / LTC, SNF, NH rounds with residents and fellows every month, and do geriatrics consult service at MU Health.

At home I work in the yard a lot and tend to several flowerbeds growing native Missouri and Prairie plants."

Congratulations to Dr. Cravens who retired on July 1.

RECOGNIZING OTHER FAMILY MEDICINE GRADUATES

1981, 1991, 2001, 2011 MU RESIDENTS AND FELLOWS

Ellen Warren, MD.....	1981 RESIDENT
Diana Widicus, MD.....	1981 RESIDENT
Denise Johnson, MD.....	1991 RESIDENT
Betty Noll, MD.....	1991 RESIDENT
Traci Buxton, MD.....	2001 RESIDENT
Tadd Thompson, MD	2001 RESIDENT
Crystal Cook, MD	2011 RESIDENT
Joy Froelich, MD	2011 RESIDENT
Carin Reust MD, MSPH	2001 FELLOW
Abed Ghandour, MD.....	2011 FELLOW

“Advice - holy guacamole! I don’t know if I have much to say. Maybe, keep in mind that you’re likely to live another 70 plus years. You have plenty of time to try things, to adapt to constant change, and to reinvent yourself several times. I’ve been an ER doc, a small town FP, a major university professor, a TV doctor and a national health advocate. Who knew? Certainly not me! Let your family be your keel and your values your rudder, but otherwise let the wind take you ... enjoy the ride.”

Rob Crane, MD

RESIDENCY CLASS OF **1981**

DR. CRANE: “I’m a professor in the Department of Family and Community Medicine at Ohio State University where I’ve been for a quarter century, but I’m now down to part time, with full retirement coming. I’ve worked primarily as a preceptor for first year residents during their outpatient clinic. Helping to shape their first ‘full responsibility’ ambulatory sessions during their intern year, and providing a clinical home for them while they rotate through challenging outside rotations is incredibly fulfilling.

However, my main daily effort is directed toward the Preventing Tobacco Addiction Foundation, which I helped to found 20 years ago. Our primary area of endeavor is to encourage local and state legislators to raise the minimum legal age of sale of all nicotine and tobacco products to 21. We write, run and curate the Tobacco21.org website and educate, advocate and lobby around the country to encourage this policy. During the last 10 years, we’ve finally found success by working locally first, and in concert with other health partners, we have persuaded more than 500 city and county governments to move to 21. In December 2019, the federal government also adopted age 21, but because states don’t enforce federal law (witness marijuana), we’ve also had to convince state legislatures to approve age 21. In June, Louisiana’s governor, John Bel Edwards, signed their T21 law, making them the 36th state to do so – 14 more to go.

I live in Dublin, OH (a Columbus suburb), with my wife, Shannon, and our two teenage sons, Connor and Chase. Daughter, Whitney, and her husband, (FP) Bill, live nearby with our grandson, Nolan.”



ROB CRANE FAMILY

“Be flexible and don’t be afraid of change. We all start out with plans, but plans can be turned upside down due to an accident, illness or loss of a loved one. You are well trained and have many career options. You will always be able to find a job. Try to find what makes you happy.”

Janet Baxter, MD

RESIDENCY CLASS OF **1991**

DR. BAXTER: “I am currently enjoying retirement and spend my time taking care of my 16-acre mini-farm here in Columbia.

When not working outside tending to my many flower beds or vegetable garden, I’m busy learning new DIY how-to-fix-it skills.

My late husband, Terry, had a large collection of power tools, including a shop full of wood working equipment. After watching a lot of YouTube videos, I’ve learned how to use all of them.

My son, Michael, 37, is married and has two girls, ages 10 and 7. My son, Brian, 30, lives in Columbia and is a great help to me. They both pursued more artistic careers – copywriting and graphic design.”



JANET BAXTER

“Whoa, how can I possibly be one of those old guys writing this 30-year advice letter? Well at 10 years, everyone gives advice on being successful. At 20 years, it’s on perfection of clinical skills. Now at 30 years, it should be on the philosophy of life. Being from MIZZOU, there’s no better way to express that than with a Twain quote, ‘Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.’”

Bob Neubauer, MD

RESIDENCY CLASS OF **1991**

DR. NEUBAUER: “After 25 years in Alaska, Cindy and I pulled up roots (usually shallow there because of the permafrost) and headed down south to Utah. I had many roles in Alaska from primary care, ER, urgent care, and my favorite, hospice director.

In Utah I am working for Intermountain Health Care, semi-retired doing urgent care and serving as a regional director. We miss Prince William Sound kayaking and fresh halibut, but love the Southwest sun and trails.”



BOB NEUBAUER
AND HIS WIFE CINDY

“
• Learn from your patients.
• Remember who you are outside of medicine.
• Surround yourself with people who have different backgrounds, experiences and life perspectives.”

Debra Howenstine, MD

RESIDENCY CLASS OF **1991**

DR. HOWENSTINE: “Greetings! After officially retiring from MU FCM two years ago, I continue to work part time, primarily with diversity, inclusion and equity. I have so enjoyed working with our department over the last 30+ years and have found great satisfaction in passing my work on to others. I am grateful to have wonderful FCM colleagues to facilitate a succession plan with the Columbia/Boone Health Department, MedZou and medical student education.

Just to keep me on my toes, I needed open heart surgery for an aortic valve replacement seven months ago. All went well, and I continue on my journey toward recuperation!

Bart, Corey, Emelyn and Jesse are all well. As are my parents (90 and 96) with whom I have been able to spend more time. We still live in the country north of town and have donkeys, peacocks, chickens and cats. (Who would have thought Bart would become a crazy cat person?) Thanks to all of you who have influenced my life!”



DEBRA HOWENSTINE FAMILY

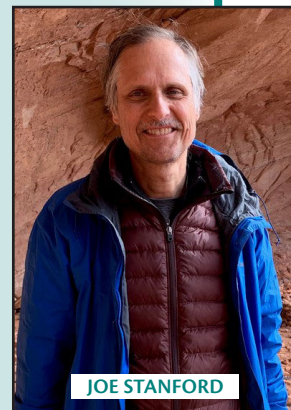
“When one door closes, others open. Growth and development (professional, intellectual, spiritual, emotional) are not limited by any age cutoff that I have found. It’s unusual and incredibly valuable to be willing to change your mind based on new data.”

Joe Stanford, MD, MSPH

RESIDENCY CLASS OF **1991**

DR. STANFORD: “Professionally, I am vice chair for research at the University of Utah Department of Family and Preventive Medicine.

Personally, Kathleen and I are parents of seven sons and eight grandchildren (7 grandsons and 1 granddaughter).”



JOE STANFORD



WARREN STARK FAMILY

“Last time we did this, I said something like find a field that makes you happy. Hospice and palliative medicine, which was my main focus the last four years of my career, was just that for me.”

Warren Stark, DO

RESIDENCY CLASS OF **1991**

DR. STARK: “I retired from academic medicine in January 2020. I still do community-based hospice work.”

Lisa Pierce, MD

Robert Pierce, MD, MSPH

RESIDENCY CLASS OF **1991**

LISA & ROBERT PIERCE: “After many years in private practice, we rejoined the MU Family Medicine Department in 2017 in order to do more teaching and scholarly work. We both continue to see patients in the office and enjoy having the opportunity to pass on our knowledge. Robert is spending half his time doing informatics work with the University after becoming board certified.

We still live in Fulton, and in our spare time we garden, fish, tend our tiny vineyard, enjoy our place on Lake Michigan and make some wine. We also visit our kids who are spread across the country in California, Florida and North Carolina.”



LISA AND ROBERT PIERCE FAMILY



JOE BECKMANN, HIS WIFE
AND HIS GRANDCHILDREN

“Live simply with the ones you love. Live well below your means and don’t be seduced by your ability to generate income. And learn as much as you can about psychiatry ... you’re gonna need it!”

Joe Beckmann, MD

RESIDENCY CLASS OF **1991**

DR. BECKMANN: “I continue to work as a clinician at MU’s Department of Family and Community Medicine, providing primary care and teaching residents and medical students. My wife, Leissa, and I live in Columbia and are raising two of our grandchildren, Isaac and Olivia, and frequently enjoy the other three on weekends.”

Larry Scroggins, MD

RESIDENCY CLASS OF **1991**

DR. SCROGGINS: “I continue to practice emergency medicine and work in the ER at Boone Hospital Center, Columbia, MO.”

“Treat people with respect no matter their race, socioeconomic status, gender/gender preference, sexuality, political belief or level of education. Listen before speaking. Take vacations.”

Samantha Sattler, MD

RESIDENCY CLASS OF **2001**



SAMANTHA SATTLER AND HER HUSBAND

DR. SATTLER: “I work for SSM Health, St. Charles, MO, where I have a busy outpatient practice in a group of seven family physicians.

I live in St. Peters, MO, with my husband, Baher, and two kitties, Toni and Luna (both rescues). I take care of my 85-year-old dad

who moved in with me in 2016. I play golf, swim, birdwatch and hike in my spare time. I have been to most of the islands in the Caribbean, my favorite place to travel.”

“There are seasons, trends and cycles in medical practice. Some of that stuff you can ride out and some you have to fight against. The sacred place remains in the trust between the physician and patient. As long as you can maintain your integrity in that relationship, you will keep your compass pointing in the right direction professionally. And there are no do overs with your loved ones, so remember what comes first. You won’t regret making time for them, but you may regret working too much.”

Melinda Menezes, MD

RESIDENCY CLASS OF **2001**

DR. MENEZES: “After happily serving the North Shore of Kauai community for 15 years, and volunteering as the president and medical director for the private practice physician IPA for our island, I retired from family medicine in 2016. My second career is a free standing Medical Aesthetics Clinic, offering services from customized skin care programs for sun damage and melasma, injectables and lasers, to minimally invasive PDO and PLLA threads.

There has been no better place to be during the pandemic than Kauai. Hiking, gardening and snorkeling are my favorite outside activities. I’ve been blessed to have my sons home during this time. Victor recently graduated from the University of Washington with a degree in neurobiology and is working at my clinic while applying to medical school. Tomas is a junior at Western Washington and doing his geology and global information systems degree online. We enjoy cooking together and watching SciFi.”



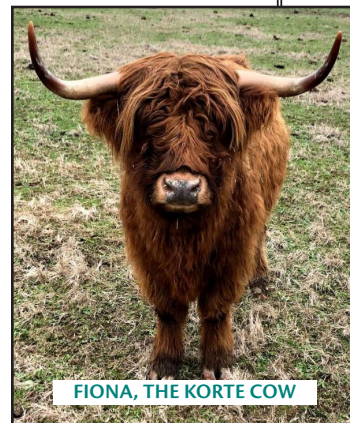
MELINDA MENEZES AND HER SONS

“You have some amazing teachers. You are well prepared to go out and do this on your own.”

Mark Korte, MD

RESIDENCY CLASS OF **2001**

DR. KORTE: “Tandy and I are still practicing in Herrin, IL. We’ve been here since 2002, after Tandy finished pediatric residency. We have one son, Nick, 14. We have a little farm with 10 Baby Doll sheep and two Scottish Highland cows. We are dreaming of retirement!”



FIONA, THE KORTE COW



JIM HENDERSON FAMILY

“Max out your 401K right away. That security will allow you freedom in 10 years that is irreplaceable. Never stay in a position where you are unhappy. Never go to sleep worrying about a patient. If you will worry that you didn't do a test, do the test. If you will worry that maybe you should

have sent them to the ER, send them. Always pay attention to your gut feeling and don't leave the office at the end of the day without figuring out why you are having that nagging worry or concern, and resolve it. Diversify your life.”

Jim Henderson, MD

RESIDENCY CLASS OF **2001**

DR. HENDERSON: “I've been working at Unity Point Express Care for Bettendorf, IA, since 2012 and am lead provider for the Quad Cities Express Cares. I've reduced my clinic time to 20 hours a week and do eight hours of administrative work.

Jenny is an orthopedic nurse. Veronica is majoring in environmental science at Grinnell College. We are gardening, solar power, and electric car enthusiasts, and we spend our free time traveling around the Midwest and hiking. I play piano and attend piano camps in Colorado and Vermont. By the next 10 year update, we hope to be retired in Corpus Christi, TX.”

“Don't lose faith! If we had a crystal ball, life would be easy. We never know what path lies ahead of us but know that everything has a way of working itself out. I've been through a lot of uncertainty and changes working in the rural health world. And I wasted a lot of time worrying! When facing challenges, keep your head high and a smile on your face. It will all work itself out.”

Mona Brownfield, MD

RESIDENCY CLASS OF **2001**

DR. BROWNFIELD: “After the closure of our hospital in Boonville, I am back with MU Family Medicine doing outpatient medicine. I split my time between Fayette and our small clinic in Boonville. However, our new clinic in Boonville should be ready next year and I'll have my five-minute commute to clinic back!

My son, Kellen, is a sophomore at MU in chemical engineering. It's nice to have him close. My daughter, Addison, is a junior and playing lots of basketball. Our 2021 has been phenomenal in that her high school team won State Championship; a dream come true for all of us! Ken and I plan to go to many basketball games in the next five years, wherever that may take us.”



MONA BROWNFIELD FAMILY



CAREY WATERS FAMILY

“Never lose sight of your priorities. My family is my biggest priority so I made a career change to spend more time with them.”

Carey Waters, MD

RESIDENCY CLASS OF **2001**

DR. WATERS: “I live in Tulsa, OK, with my wife, Amy, and our two daughters, Paige (16) and Emma (10). Amy is a partner with a law firm here.

I practiced for a hospital system for about 11 years before moving to the health insurance industry. I worked for an Oklahoma health plan for four years. For the last two years I have worked as a medical director for Healthcare Service Corporation, a Chicago-based company operating Blue Cross plans in five states. I like the regular hours but I do miss direct patient care. I may go back some day.”

“We walk the one way walk of our lives with small windows of opportunities. Say yes to those often!

We all have something going on. Remember this and be kind, especially when you feel sad and frustrated.”

Shamita Misra, MD

RESIDENCY CLASS OF **2001**

DR. MISRA: “I am still working full time and continue to enjoy serving my patients.

Also I now have the youngest student I've ever taught, my 2½-year-old grandson, Shaurya. He is a lot of fun!”



SHAMITA MISRA AND HER GRANDSON

Andy Gayle, MD

RESIDENCY CLASS OF **2001**

DR. GAYLE: “I am still practicing in Piedmont, MO, where I have been since finishing residency. I do outpatient family medicine with some geriatrics mixed in.

When not working, I am either fishing or watching my girls play volleyball and basketball.”



ANDY GAYLE FAMILY

“Professionally gravitate toward what gives you energy. Come to work with your bucket full, and during your free time do things that refill your bucket.”

Tara Flynn, MD

RESIDENCY CLASS OF **2001**

DR. FLYNN: “I keep busy with the family and pup and am training for a half marathon. Since 2003 I've learned that I do better with shift work, and after doing hospitalist and emergency medicine, I'm currently working in Mizzou Urgent Care.”



TARA FLYNN FAMILY



KIMETHA FAIRCHILD AND HER HUSBAND

“Congratulations 2021 graduates! You have a splendid future ahead of you!! You have worked hard and sacrificed so much for this amazing opportunity to help others, and also to continue growing yourself as you interact with your patients. It's the 'letting in' by our patients that I find the most satisfying: letting us into their hearts and

lives, into their happiest, and their darkest, moments and everything in between. What an incredible privilege!

Stay curious and fascinated, and up to date on the literature. Listen to your patients. As Dr. LeFevre says, 'If you listen, they will tell you what is wrong with them.'

Do your best to find the balance between your professional and personal life. Make, and take, time for yourselves and your families and friends (and pets!!).”

Kimetha Fairchild, MD

RESIDENCY CLASS OF **2011**

DR. FAIRCHILD: “I've transitioned to telemedicine and locums so I can travel and have more control of my schedule.

Jason sold his business and does occasional consulting work. We have a 48-ft cutter rig sloop in Sicily that we plan to sail to the Caribbean in January 2022. I started my career in medicine later in life, and when I think of the thousands of women (especially) and men who aspire to, but never get to, become physicians, I know that I will keep my hand in medicine in some capacity for years to come. I just passed the boards so I'm good for another ten years! Thank you forever, Mizzou Family Medicine, for helping me to realize my dream of being a physician.”

“Make a plan NOW to start saving and paying off student loan debt to give yourself financial freedom sooner than later. Make time for family, friends and hobbies, and don't be afraid to make job changes, if needed, to find a comfortable work-life balance.”

Cory Bethmann, MD

RESIDENCY CLASS OF **2011**

DR. BETHMANN: “I'm working full time in urgent care with Cox Health in Springfield, MO. My wife, Sheri (RES '12), and I have three children, Oliver, 9, Addison, 5, and Emersyn, 2.”



CORY AND SHERI BETHMANN FAMILY

“ ● As you finish residency, be thankful for the high caliber of education you just received. You will find as you venture out, you were trained well. Very well.

● Know that you have full ability and capacity to shape your practice how you see fit. Focus on what you enjoy. However, be thorough with what you choose. You owe it to your patients.

● You have more power than you think you do. Be reasonable, but hold out for what you feel you deserve. You earned it.

● Enjoy your patients. When you are feeling burned out, focus on the personal side of medicine. It will always bring you joy.

● If you can't fix or do it all, welcome to being normal.

● Work smarter, not longer, so you can get home to your family. Efficiency is the key. Thanks to Dr. Ringdahl for teaching me this.”

Jamie Harrison, MD

RESIDENCY CLASS OF **2011**

DR. HARRISON: “After graduation, I moved back to my hometown, Jackson, MO. I'm employed by SoutheastHEALTH, Cape Girardeau, and last year we opened a rural clinic in Jackson (a short distance from my children's school), where I moved my practice and do outpatient medicine only. I also sit on the Board of Directors for SoutheastHEALTH and am thankful for this great learning opportunity.

My husband, Mike, owns his business doing engineering consulting, and our girls (Katherine, 10, Caroline, 8) keep us on the go. I'm honored to take care of some of the people who helped support me when I was young; I can't think of a higher compliment than patients entrusting me with their care. Healthcare can be very challenging, but what a privilege.”



JAMIE HARRISON FAMILY



LANDON HOUGH FAMILY

“Set goals of what you want to do and how you'd like your practice to look in the long run. Start working toward your goals early in your career. The world of medicine is always changing, so be ready to adapt to new requirements and/or obligations. As you progress in your career, try to incorporate more of the things you like and less of the things you can do without in your practice. Never lose site of what's most important.”

Landon Hough, MD

RESIDENCY CLASS OF 2011

DR. HOUGH: “After residency, I completed a sports medicine fellowship at the Hospital for Special Surgery, New York. Since then, I've been practicing sports medicine and non-operative orthopedic medicine at Mercy Orthopedics, Springfield, MO. There I serve as head team physician at Missouri State University, medical director of Bass Pro's Fitness Series and team physician for the Springfield Cardinals, a minor league affiliate for the St. Louis Cardinals.

My wife, Jenette, and I have three girls, Ellie, 10, Kate, 8, and Abby, 2. Away from work we are at the girl's baseball games, swimming, or playing some random game we make up. Ellie and Kate are great together and can be a big help with Abby. I also bike, run and compete in a few triathlons in the summer.”



THEA CABANILLA FAMILY

“Family medicine can take you in many different directions – whichever path you pick, make sure you always value and prioritize what truly matters to you. Also, you have so much to offer your patients. They will trust you and look to you for

guidance on a lot of things, not just medical issues – don't forget what a privilege that is.”

Thea Cabanilla, MD

RESIDENCY CLASS OF 2011

DR. CABANILLA: “I'm a primary care physician at Oak Street Health, a value-based center for adults on Medicare, located in Englewood on the south side of Chicago. I also provide medication-assisted treatment for patients with opioid use disorders.

My husband, Paul, and I have three beautiful children: Al (5), Eian (3) and Toby (born in April). We love Chicago and both have our extended families nearby.”

“Remember to take care of yourself as you start your career. If you're not taking care of yourself, you will be less effective taking care of others.

When seeing/dealing with patients, they are what matters – do the right thing for them. Don't be too proud or embarrassed to ask questions, if it is the right thing for the patient. Take care of the patient, regardless of what insurance, your employer, or the patient says.

Time goes by fast. Try to not put off trips, activities or time with special people. Don't wait to do the things you want to do; you may not be able to do those things 20 years from now.”

Nick Greiner, DO

RESIDENCY CLASS OF 2011

DR. GREINER: “After residency, I completed a sports medicine fellowship at Saint Louis University. I then practiced family medicine six years at a couple different places in St. Louis. For the past 2+ years, I've been practicing sports medicine full time for Mercy Clinic, St. Louis. In addition to seeing patients in clinic and working with several local high schools teams, I also serve as a team physician for University of Missouri-St. Louis and as an assistant team physician for the St. Louis Cardinals.

I live in the city of St. Louis with my wife, Meaghan, and we enjoy traveling together. I continue to golf as often as I can ... and I continue to get worse at it.”



NICK GREINER AND HIS WIFE

“Go to a CME conference every year. Many are held in sunny coastal locations. Great way to get caught up on practice guidelines in the mornings and enjoy free time in the afternoons. You may earn up to 20 CME hours and get registration fees and travel expenses covered as well.”

Casey Williams, MD, MSPH

RESIDENCY CLASS OF 2011

Amanda Swenson, MD, MSPH

FELLOWSHIP CLASS OF 2011



CASEY WILLIAMS AND AMANDA SWENSON FAMILY

DR. WILLIAMS: “I live in Columbia and serve on faculty at MU Family Medicine. My wife, Amanda Swenson, and sister, Amy Williams Braddock, are also on faculty, which sometimes causes confusion.

Amanda and I have two wonderful kids, Addy, 5, and Craig, 2. Before we expanded our family, I was on the airwaves doing a weekly medical talk radio show on KCOU.”



MARGARET DAY FAMILY

“● Family medicine offers a lot of opportunities to find joy. Undeniably, some days require digging deeper than others to find it, but it's always there. I chal-

lenge you to look for joy every day – in celebrating a health goal with a patient, in enjoying relationships with your coworkers, in marking things off your to-do list, in getting a few notes done before lunch, in learning new skills, or maybe simply in eating a delicious meal.

- Resist against imposter syndrome – you are more than capable of making a big positive impact.
- Say yes to new opportunities – these often lead to more opportunities, which may unlock unknown skill sets and interests, sparking joy (see # 1).

Best of luck to you in your future pursuits! I'm proud to have worked with you over these last three years.”

Margaret Day, MD, MSPH

RESIDENCY CLASS OF **2011**

DR. DAY: “I am at Mizzou serving as medical director of ambulatory services since Dr. Fitzsimmons's retirement in September 2020. I practice at Keene Family Medicine and am medical director there.

Personally, my family brings me so much joy. My husband, Darren, and I are closing in on a quarter century since we met at Hickman High School. We're enjoying our kids, Kathryn, 13, Charlie, 11, and Emily, 8, and this amazing time between diapers and the teen years!”



DONNIE GOELLER FAMILY

“Strive to find a work/life balance. The obligations of a physician can be overwhelming at times, having outside interests is essential.”

Donnie Goeller, MD

RESIDENCY CLASS OF **2011**

DR. GOELLER: “I am currently practicing outpatient family medicine with SSM in Arnold, MO.”

“Family medicine allows you some flexibility in your career so take advantage of it. I had an interest in obesity medicine in residency and incorporated it into my primary care clinic; then I had an opportunity to transition to practice in a weight management clinic. Your goals, interests and opportunities will change in your career so don't be afraid to change course. You have had solid training and great role models at Mizzou, so have confidence in whatever you choose to do!”

Jill Bosanquet, MD

RESIDENCY CLASS OF **2011**

DR. BOSANQUET: “I currently work part time with SSM Health Weight Management Services, St. Louis. I provide non-surgical weight management for patients and work with our bariatric surgeons in seeing pre- and post-op patients who have further weight loss needs. Our clinic provides patients a great support staff of dietitians, counselors, a health educator and a personal trainer. I earned my American Board of Obesity Medicine certification three years ago and served as a board member on the test writing committee this past year.

My husband, Jim, is working as an intensivist at Missouri Baptist Hospital. We have a son, 8, and a daughter, 5, who keep us busy with soccer, baseball, swimming and ukulele lessons! We are looking forward to a beach vacation this summer!”



JILL BOSANQUET FAMILY

“Follow your passions and recognize your limitations. It is important to identify what aspects of your career and personal life provide you motivation and continue to pursue and guard those with constant effort. At the same time, remember that your career needs should balance with your personal life, and make sure you are achieving your goals across all areas of your life, while maintaining your values.”

Luke Stephens, MD, MSPH

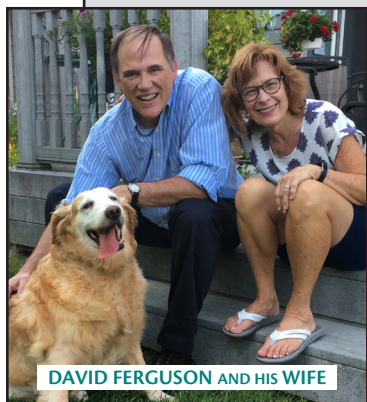
RESIDENCY CLASS OF **2011**

DR. STEPHENS: “I'm medical director of the MU Family Medicine Clinic in Ashland, and also program director of MU's Primary Care Sports Medicine Fellowship.

Personally, my wife, Amanda, and I live inside Columbia with our three children, Isabelle, 11, Isaac, 9, and Eleanor, 5, who have been busy with activities and sports over the past few months, and with playing with our pandemic puppy, Bailey.”



LUKE STEPHENS FAMILY



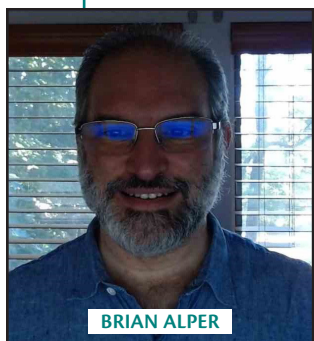
DAVID FERGUSON AND HIS WIFE

“Honor your profession and enjoy life, family and friends to the fullest. Thank you, University of Missouri Family and Community Medicine.”

David Ferguson, MD, MSPH
FELLOWSHIP CLASS OF **1991**

DR. FERGUSON: “Pam and I reside in Iowa where I serve as medical director and full-time teaching faculty at the Des Moines University Physician Assistant Program.

In the past few years, we've joyfully experienced life along the front range of Colorado, on the Caribbean islands of St. Vincent and Barbados, and in the Appalachian hills of northern Tennessee. We delight in our son, Andy, and his wife, Farima, as well as our daughter, Mallory, and her husband, Derek. I often reflect upon our time in Columbia, my fellowship experience, and the friendships made there as one of the most valued times in my career. Our journey has been blessed.”



BRIAN ALPER

“You can choose your own destiny. You only live once so why not live your dream? Make your goals something you work on every day, and your work becomes much more than a job. You can learn a lot from others, but no one else will do it for you.”

Brian Alper, MD, MSPH
FELLOWSHIP CLASS OF **2001**

DR. ALPER: “I'm leading the effort to communicate science in computable

form. Literally developing a global standard for data exchange of scientific evidence – extending Fast Healthcare Interoperability Resources (FHIR) to Evidence Based Medicine (EBMonFHIR). In the past two years I started COVID-19 Knowledge Accelerator, Computable Publishing LLC, Fast Evidence Interoperability Resources Platform, and Scientific Knowledge Accelerator Foundation. Twenty odd years of advancing evidence-based medicine, clinical decision support, systematic reviews, clinical practice guidelines, and shared decision making (and growing DynaMed to support jobs and help people) was preparatory but not the greatest need for coping with COVID-19.

We need to apply transformative information technology to accelerate how we understand and disseminate scientific research to better support EBM, CDS, SDM, etc. Following the pandemic, I changed my 25-year mission (to provide the most useful support for healthcare decision-making) and now have the mission 'to enable standard-based machine-interpretable expression of knowledge, especially related to healthcare and scientific evidence' (computablepublishing.com). My wife, Karen, and I live in Ipswich, MA, with two rescue dogs that used to be womb-mates.”

“Clearly, family medicine touches on all aspect of medicine. It prepares you for many career paths. Emergency medicine is family medicine with ATLS, ACLS, PALS, Ultrasound and an urgent approach to patients. As we know, the best part of family medicine is the potential for relationships with your patients and continuity care. With your training, you are the best prepared for family medicine. Keep reading and you won't need to study for your boards. Strive for excellence.”

Jim Brillhart, MD, MSPH

FELLOWSHIP CLASS OF **2001**

DR. BRILLHART: “Upon finishing my fellowship in 2001, I served as ED director at then Columbia Regional Hospital. Since that time, I've been a contract physician in several emergency departments in central Missouri. I retired in January. My wife, much of my family, and I live in Columbia, MO. We moved here for the fellowship, loved the city, and never left.

My career in family medicine, emergency medicine and public health has been rather complicated and not to be imitated. I am board certified in all three specialties. First I completed an internship in family medicine at LSU; then a public health and tropical medicine residency at Tulane; spent time in seminary in New Orleans; was 10 years a medical missionary in Togo, West Africa; completed a family medicine residency in Little Rock; and finally moved to Columbia for family medicine fellowship training. I grandfathered into my EM boards. Notably, there are some diminishing returns in all this training. The common thread throughout my career was that I moonlighted or practiced emergency medicine full time.”



JIM BRILLHART

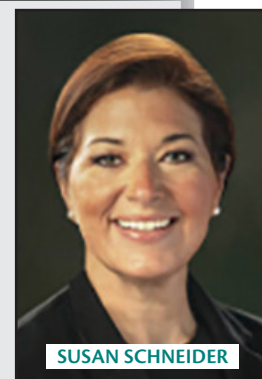
“Your nurses are your most valuable ally – treat them like royalty, support them even when they are wrong, and nominate them for every award you can find.”

Susan Schneider, MD

FELLOWSHIP CLASS OF **2001**

DR. SCHNEIDER: “I am program director for the Geriatric Medicine Fellowship at the University of Florida and the medical director for the Senior Care Clinic in Gainesville, FL. In addition to teaching medical students, residents and fellows, I enjoy participating in research focused on senior health.

My children are in Scouts – so much fun!”



SUSAN SCHNEIDER

CELEBRATING MU FAMILY MEDICINE RETIREES

ANNE FITZSIMMONS, MD,

associate professor, retired last fall, after 28 years with our department. Dr. Fitzsimmons earned her MD from the University of Missouri in 1986, then trained at MU Family Medicine Residency. She worked three years for an HMO in KC before returning to Columbia to join MU's Family Medicine faculty in 1992.



Anne Fitzsimmons loved patients and had strong people skills, so being a caring and conscientious physician came easy for her. Her commitment to providing patients the best care possible was strong and constant throughout her career. Soon after she joined our department, she was named Medical Director of Green Meadows Family Medicine, MU's largest outpatient clinic, and in 2010, Dr. Fitzsimmons was appointed Medical Director for Ambulatory Services.

She developed courses and taught residents about Practice Management and Quality Improvement (QI) topics. As QI Committee Chair, her goal was to improve the care we provide patients with health issues such as upper respiratory infections, stroke and cardiovascular disease.

Dr. Fitzsimmons' leadership was recognized at the highest levels of MU Health. She served on University Physicians (UP) Professional Liability and Compliance Committee, UP Clinic Performance Improvement Steering Committee and the NCQA Patient Centered Medical Home Designation Task Force. In 2010, she was named Outstanding Medical Director for MU Health Care.

Since retiring, Anne is enjoying gardening, playing tennis, and connecting with her children. Dan, 30, is in Columbia; Ellen, 29, is in Connecticut, and Mary Jane, 25, is in Detroit.

Family Medicine Faculty and Alumni Recognized and Appreciated **ANNE FITZSIMMONS**

“I'll always remember Anne's love for efficiency – she gave me permission to stop using full sentences in my notes! Bless her dry wit and multitasking too – a sister in arms.”

LAURA MORRIS, MD, MSPH (RES '10; FEL '12)

“Though Anne could be a bulldog when it came to fighting for something important, she was also one of the most compassionate and empathetic mentors I've known. She has a wonderful blend of assertiveness, combined with self-deprecating humor, that was well received and effective.”

ERIKA RINGDAHL, MD (RES '92)

“Anne contributed endlessly to improved function, communication, and quality in our outpatient practices – by tenacity, attention to detail, structure, encyclopedic knowledge, tenacity and tenacity.”

JIM STEVERMER, MD, MSPH (RES '95; FEL '98)

“Probably my wisest decision as Chair was naming Anne medical director of our family medicine clinics. She had an intense desire to make things better, and never gave up. She left us much better than we were when she came.”

STEVE ZWEIG, MD, MSPH (RES '82; FEL '84)



JACKIE RUPLINGER, MD,

associate professor, retired last summer, after 26 years with our department. Dr. Ruplinger began her career as a cardiovascular nurse specialist in the ICU before deciding to attend medical school at the University of Texas, Galveston. After earning her MD in 1991, she moved to Missouri

to complete MU's Family Medicine Residency, then stayed in Columbia to join the Family Medicine faculty in 1994.

For Jackie Ruplinger, patients were her priority, and they knew it. Early on, she developed a reputation of being a good listener and compassionate physician who strove to provide comprehensive and effective health care. Dr. Ruplinger had a strong interest in women's health and made obstetrics an important part of her practice for more than 20 years. She considered it an honor to participate in the childbirth experience. She served as Medical Director of Family Medicine Maternity Services from 2003-2015.

Teaching was rewarding for Dr. Ruplinger. Residents appreciated her commitment to them and named her Family Medicine Teacher of the Year two consecutive years. During her career, she expanded the residency curriculum by developing and managing a longitudinal colposcopy course, Womens' Health Conference, Primary Ambulatory Care Experience (PACE) program and episiotomy workshops.

Dr. Ruplinger received the Faculty Excellence in Teaching Award in 2003, and in 2004, medical students nominated her for AAMC's Humanism in Medicine Award.

Even though Jackie misses her co-workers and patients, she is happy about her decision to retire. She and her partner, Jill, are traveling and enjoying new and fun adventures.

Family Medicine Faculty and Alumni Recognized and Appreciated **JACKIE RUPLINGER**

“I still remember interviewing Jackie for residency. Entering medicine was a major career change for her, but she was committed to her new role as family physician. We were blessed that she decided to stay on the faculty.”

JACK COLWILL, MD (FOUNDING CHAIR)

“Jackie embodied the term family physician. I met her as a med student, and when I watched her care for children, moms, dads and grandparents, I learned so much about how to be there for patients ... in times of sickness and health, happiness and sorrow, and through all stages of life.”

KRISTEN DEANE, MD (RES '06)

“Jackie ... Warmth and compassion enveloped an unalterable commitment to the well-being of her patients. Always went the extra mile.”

MIKE LEFEVRE, MD, MSPH (RES '82; FEL '84)

“I met Jackie as a med student and learned a lot in her clinic. She had an amazing way of relating to patients, being thorough and compassionate, and giving well-thought medical advice. She was an incredible mentor and physician for my family.”

SARAH SWOFFORD, MD, MSPH (RES '07; FEL '09)



MARGARET DAY, MD, MSPH
Associate Professor, Family Medicine

MU FAMILY PHYSICIANS

provide incredible leadership, education and service as
Co-chairs of the MU COVID-19 Vaccine Committee

MU HEALTH CARE, an academic health system with specialized physicians from every field in medicine, called upon two family doctors to serve as clinical experts during the worst public health crisis in a generation.

This is a truly unique situation that demonstrates the strengths and reputation of Family Medicine at MU ... and especially of
DR. MARGARET DAY AND DR. LAURA MORRIS



LAURA MORRIS, MD, MSPH
Associate Professor, Family Medicine

Why you two?

DR. MORRIS: “I was already serving on MUHC’s Influenza Committee. Plus, I felt that completing the AAFP Vaccine Science Fellowship in 2019 set up my clinical expertise in a timely fashion to feel comfortable with the medical information needed for this role.

What a wonderful endeavor to be involved with! I have not felt as positive about almost anything else in my career.”

DR. DAY: “My experience and responsibilities in clinic operations made me feel qualified to lead in MU’s vaccine efforts.

As family physicians, we promote preventive care, including vaccinations, every day in exam rooms. Being offered the opportunity to extend these skills more broadly by co-chairing the COVID-19 vaccine committee was an honor.”

Were you honored, scared, excited?

DR. MORRIS: “Yes! Yes! Yes!.

This is a high-profile position with constantly evolving clinical information about what may be one of the most important medical events of our lifetime. So, no pressure.”

DR. DAY: “Also hopeful. The vaccine brought a lot of hope where there had previously been fear, disruption and isolation. And curious – along with learning about the vaccines, we learned about public health and emergency response structures and strategies and about the complexities and capabilities of delivering this service to our university and academic health system.”

What are your responsibilities as committee co-chairs?

DR. MORRIS: “We provide clinical oversight and answer a lot of medical questions related to vaccinology and interpretation of guidelines or protocols. We write and present clinical education for MUHC and community organizations ... we keep up with the CDC and are the resource for the vaccine team when there are updates or changes to our protocols.

And we attend lots of meetings. I mean, lots of meetings. We answer media questions and keep current with evolving clinical information so that our institution stays as up to date as possible.”



Stevan Whitt, MD
Chief Clinical Officer, MU Health Care
Co-leader, Incident Command

“Dr. Day and Dr. Morris have been tireless and relentless experts, advocates, spokespersons and care providers in our mission to immunize our population against the threat of COVID-19. The logistics and communication alone have been nearly a full-time job, while they continued to care for their patients, their families and their coworkers. They are considered heroic, in the best sense of the word, by those who truly understand their contributions and sacrifices.”

Were there other vaccine committee members?

DR. DAY: “Lots. All aspects of operations at MUHC, and leaders from pharmacy, nursing and administration. There is project manager Colleen McNally (IT), Tom Greenlee and Brad Myers (Pharmacy), Jeanette Linebaugh (Ambulatory Care), and Mark Wakefield (Urology).

Many other physicians contributed at various times – as well as folks from employee health, communications, operations/physical plant people/facilities, call center and billing.

We worked closely with MU Incident Command Co-leaders, Dr. Stevan Whitt (CCO) and Dr. Mary Beck (CNO).”

You have participated in hundreds of interviews for radio; local and national television; newspaper; and other print media these past months:

How would you describe your media experiences?

DR. MORRIS: “I would say generally positive, although I still do not relish the on-camera work. I enjoy educating the public, and this has been the opportunity of a lifetime to really impact the health of our entire community in an important way.”

DR. DAY: “I have a new-found respect for our media specialists who are fantastic communicators and coordinators of schedules, and also fun to work with. There were days when multiple media outlets placed interview requests, and they were always respectful of our time and competing demands so we didn’t feel stressed.”

When will the vaccine committee work end?

DR. MORRIS: “That’s a loaded question. Based on the progress toward truly effective percentage of vaccination in Missouri, it may not end for a long time. The Hearn Center operation closed last week, and we’ve made a transition to clinic and pharmacy-based operations, which will probably continue indefinitely.”

DR. DAY: “Laura and I signed on to co-chair MUHC’s Influenza Committee next year, so this will likely merge into that by fall.”

What did you learn and would you do this again?

DR. MORRIS: “I learned a lot about behind-the-scenes operations and how s*** gets done around here. I learned that I’m a capable and confident public speaker and can adapt to being on TV and radio, without being nervous any more (LOL). I learned that taking action in the face of a health crisis makes me feel better about my role in society, and I would never turn down the opportunity to DO something, even if it takes more time than I have to give.”

DR. DAY: “I absolutely would do it again. This experience reinforces what amazing things can happen when motivated, talented groups of people are working toward a goal. The COVID-19 vaccine committee drew on diverse skills and perspectives to achieve administration of about 80,000 vaccinations in an athletic facility during a global pandemic. That is incredible!”



TIFFANY BOHON, MD: CONTINUED FROM PAGE 1

“I loved swimming and am proud of my career as a student athlete. Whenever I was asked, ‘How do you win?’ my response was always the same, ‘By not thinking about winning. I focus on getting the best time and doing my best.’

Before every race, I'd get away, recite a scripture verse to myself, visualize the race in my head before stepping on the block. Once I was on the block, I'd think about how much I loved what I was doing ... that kept me calm and confident as I waited for the gun to go off.”

— TIFFANY BOHON, MD

and family medicine. But during her Family Medicine Clerkship, she interviewed a 70-year-old patient. Dr. Bohon describes this interview as a pivotal moment in her specialty decision.

“The woman had just lost her husband. We sat in her living room where I listened as she told me her story,” explains Dr. Bohon. “It was a moving experience that solidified my decision to do family medicine. I wanted to know and care for patients throughout their lives; I did not want to limit my practice to specific ages or health issues.”

After medical school, she stayed at MU for Family Medicine Residency, then headed to the Hospital for Special Surgery, New York, for training in her other passion, sports medicine. This one-year primary care sports medicine fellowship program is directed by Dr. James Kinderknecht, a former MU faculty member, Mizzou team physician, and incredible mentor for Dr. Bohon. When she completed the fellowship in 2013, she returned to MU to accept joint appointments at the Department of Family Medicine and Department of Orthopaedics.

From day one, Dr. Bohon has embraced her responsibilities in family medicine and sports medicine. She sees patients at South Providence Family Medicine, Missouri Orthopaedic Institute and MU's Pediatric Orthopaedic Clinic, and she treats athletes in the Mizzou Training Room. She teaches residents in family medicine and in orthopaedics, and she is associate program director of MU's Primary Care Sports Medicine Fellowship.

In serving as a faculty member, Dr. Bohon has demonstrated the time management skills, competitive spirit and love for team that she developed as an athlete; this was recognized early on by her colleagues. Just two years after she returned to MU, the athletic department asked Dr. Bohon to serve as Team Physician for Men's and Women's Swimming and Diving; Men's Baseball, and eventually Women's Softball. Dr. Bohon was honored to be added to the Mizzou

Team Physicians Roster, which includes a select group of highly qualified orthopaedics and sports medicine physicians.

“As the only female team physician at MU, I am an example that you can do what you want to do! I tell all females candidates to set their goals, work hard and always pursue their dreams,” she says.

Her work as a team physician is time-consuming and can be stressful, but Dr. Bohon stays focused and positive. Athletes appreciate her compassionate care, and her colleagues, led by MU Orthopaedics Chair Dr. James Stannard, value the incredible dedication, knowledge and skills she brings to Mizzou Athletics. Dr. Stannard is particularly impressed by Dr. Bohon's leadership skills.

“When I was named head team physician, I knew my ideal partner would be Tiffany,” says Dr. Stannard. “Last July, I asked her serve as Associate Head Team Physician – Primary Care.”

Dr. Bohon's response was yes, of course.

“I felt stressed, excited and privileged to be asked. I knew the job would put new demands on my already busy schedule, but at the end of the day, I love it! And I know I have the heart for it,” she says. “Ever since I joined the University as a freshman on the Tiger Swim Team, it seems like I've been training for this role. Looking back to where I started, a varsity athlete to a volunteer student athletic trainer to where I am today, associate head team physician, I feel like I've come full circle in my career development.”

In this role Dr. Bohon oversees primary care for all teams and team physicians. In addition, Dr. Bohon serves as head team physician for Tiger Football, a high profile, highly sought-after position that can be intense and demanding. Dr. Stannard, Dr. Pat Smith (associate head team orthopedist) and Dr. Bohon are on the sideline at all scrimmages and every game, home and away.

The pandemic made 2020 one of the toughest football seasons ever experienced by colleges, players, coaches and fans, and it was Dr. Bohon's responsibility to navigate the University through the season and the COVID-19-related problems that developed. As the point person for MU Athletics, she worked closely with Dr. Stevan Whitt, MU Chief Clinical Officer who serves on the SEC Medical Guidance Task Force, and Dr. Ashley Millham, Medical Director of the Columbia/Boone County Health Department, to monitor, manage and communicate COVID guidelines and policies.

“The SEC created rules about how often to test, what to do with false positives, and when it was safe for athletes to play,” says Dr. Bohon. “I was on the ground relaying info and decisions – and calling for answers to questions – day in and day out. The trainers were tremendously helpful, and the players were cooperative throughout the process. It took incredible energy, focus and teamwork to get through last year's season. Kudos to everyone on our team; I couldn't be effective in my role without them.”

Always a team player, Dr. Bohon recognizes her staff and colleagues and credits them for bringing joy to her day. She likes everything she does, but the continuity of care she provides as a family physician is the most rewarding part of her job.

“I truly appreciate that people trust me with their health care and let me step in and help in a vulnerable time of their lives. I love family medicine and hope to never give it up,” she says. “I'm so happy at MU and hope to do what I'm doing for a long time.”

“Tiffany Bohon is a wonderful combination of kind and caring but also efficient and tough as nails. When I was asked to assume the role of head team physician for MU Athletics, I knew the person I’d be proud to work with as Associate Head Team Physician would be Tiffany. As a varsity athlete at Mizzou herself, she understands the pressures and demands on our athletes and always provides them compassionate care. She handles the rough and tough football players extremely well, and is an excellent partner to me in caring for all of our elite MU athletes.”

JAMES STANNARD, MD

Medical Director, Missouri Orthopaedic Institute
Head Team Physician, University of Missouri Athletics

“Dr. Bohon stepped into her role as the primary physician for our MU Athletics programs at a time like no other. She has displayed her flexibility and the ability to quickly learn and apply new knowledge, while folding it into her existing expertise of sports medicine. Our collegiate sports programs are a 24/7 responsibility, and she has never side-stepped a problem, facing issues with courage and compassion alike. Meanwhile, the players, trainers and administrators all speak to how much they like working with her. It is a rare individual who has that mix of skills and dedication.”

STEVAN WHITT, MD

Chief Clinical Officer, MU Health Care
SEC Medical Guidance Task Force

“I would describe Tiffany Bohon as a ‘Gamer.’ It has been an amazing and unique opportunity for me to know Tiffany throughout her life ... from watching her compete as a high school and college swimmer to seeing her learn and develop into an outstanding physician. She is always at her best in the toughest situations. I am so proud of her being named Associate Head Team Physician at the University of Missouri.”

JAMES KINDERKNECHT, MD

Program Director, Primary Care Sports Medicine Fellowship
Hospital for Special Surgery, New York

“As a college student, Tiffany worked with me in my Monday evening clinic for two years. Her commitment, passion and abilities were impressive back then, and those same characteristics serve her well as a faculty member now!

I am so grateful to have her as a colleague today. She’s amazingly helpful, shares her expertise in a kind and gentle way, and always goes the extra mile to get my patients seen quickly.”

ERIKA RINGDAHL, MD

Professor and MU Family Medicine Residency Director

“What sets Dr. Bohon apart from other physicians is her kindness and humbleness. She gave me great advice during residency as I navigated my path towards being a family medicine and sports medicine physician. Tiffany was one of the reasons I joined MU. Now, as colleagues, our friendship has grown stronger. I hope she continues to flourish in her career; she is a great role model for young females aspiring to be a physician.”

BRADY FLESHMAN, MD

Assistant Professor, MU Family Medicine & Orthopaedic Surgery

“Dr. Bohon has a heart of gold. She wants her patients to have the highest level of care, so she follows best practice and always does the right thing for them.

Dr. Bohon wears many hats and is superb at juggling all of them, and in spite of how busy she is, she makes herself available to her team. I’ve worked with Dr. Bohon since she joined the faculty, and from the start, she has respected me and trusted my skills as her nurse – that makes my job very rewarding.”

JULIE BIANCO, LPN

Dr. Bohon’s Nurse, South Providence Family Medicine Clinic

“Dr. Bohon became our doctor when she joined MU in 2013. She is very special to us – always thorough, patient and knowledgeable. She is a true team player and communicates effectively with her patients, staff and physicians in the health system. We see other specialists at MU, and Dr. Bohon monitors the care we receive and consults with these physicians as needed.”

ROBERT (84) & NANCY (82) MARTIN

Dr. Bohon’s Patients

FIRST RURAL TRAINING TRACK RESIDENCY IN MISSOURI

MU FAMILY MEDICINE has partnered with Bothwell Regional Health Center, Sedalia, in developing Bothwell Family Medicine Residency. This newly accredited program, largely funded by an HRSA grant, is part of a federal initiative to expand the physician workforce in rural areas across 21 states.

Bothwell FMR is a 1-2 Rural Training Track (RTT). Two residents per year spend their first year at MU Health, a large academic health center in Columbia. Residents transition to rural Sedalia, a town of 20,000, for their second and third years of residency.

While in Sedalia, the residents will train under the guidance of practicing physicians employed by Bothwell Health. They will make daily hospital rounds, see patients in clinic and work

with obstetrics, behavioral health and other medical specialties.

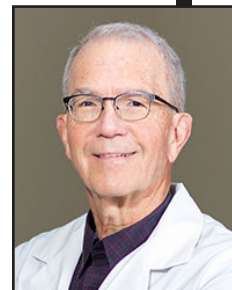
“Bothwell has hosted third-year medical students on rotation for more than a year, and this program is a natural progression of our partnership with the MU School of Medicine,” says Robert Frederickson, MD, Bothwell FMR Program Director, “We’re excited to offer these second- and third-year family medicine residents a long-term, single-site learning environment that offers community-based training in our growing clinics, busy emergency department and intensive care unit.”

“This is the first true rural training track program in the state of Missouri,” says Laura Morris, MD, Associate Program Director at the MU Family Medicine Residency program. “Seda-

lia’s location allows our resident physicians to experience unique training opportunities that will prepare them for a future practice serving rural patients and addressing their needs.”

The first Family Medicine Residents are expected to begin training in Sedalia in 2022 and be ready to enter independent clinical practice in July 2025.

Five MU Family Medicine Residency graduates, who practice with Bothwell, will serve as attendings for this new rural residency program: Robert Frederickson, MD (1984), Misty Todd, MD (2020), Lisa Wadowski, MD (2020), Alyssa Emery, MD (2021), and Matthew Roehrs, DO (2021).



Robert Frederickson, MD



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Vice Chair, Research & Faculty Affairs:

Richelle Koopman, MD, MS

Vice Chair, Clinical Affairs:

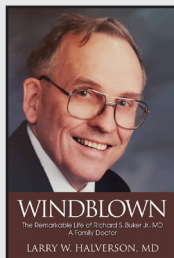
James Stevermer, MD, MSPH

Questions and comments about this
newsletter should be directed to:

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To make an online donation to
MU Family and Community Medicine:
fcm.missouri.edu/giving

BIOGRAPHY OF A SMALL TOWN FAMILY PHYSICIAN



WINDBLOWN:

The Remarkable Life of Richard S. Buker Jr, MD

by Larry Halverson, MD*

DR. RICHARD BUKER began his career as a general practitioner in Montana in 1954. He fit Dr. Jack Colwill's apt description of "the WW I flying aces" who practiced medicine in isolated communities. Dr. Buker continued working in the small town of Chester, MT, when general practice was terminated and reborn as family practice, a board certified specialty, in the late 1960s.

Dr. Buker's impact on the small town was profound. In addition to treating patients, he taught values, contributed his community and inspired youth. His life story includes important lessons for all of us.

*LARRY HALVERSON, MD, 1977 MU Family Medicine Alum, retired in 2013, after dedicating more than 25 years of his career at Cox Family Medicine Residency, Springfield, MO.

To contact Dr. Halverson or to purchase this book, visit: <https://larryhalversonmd.com>

MU FAMILY MEDICINE FACULTY KUDOS

MARGARET DAY, MD, MSPH, Associate Professor, and BREA LOMBARDO, MD, 3rd Year Resident, were 2021 Gold Humanism Honor Society inductees.

ABBY ROLBIECKI, PhD, MPH, MSW, Assistant Professor, received NAPCRG's 2020 Marjorie Bowman and Robert Choplin Junior Investigator Award.

JIM STEVERMER, MD, MSPH, Professor and Vice Chair for Clinical Affairs, was appointed to the US Preventive Services Task Force (USPSTF).