## 2021-22 Ortho Trauma Fellowship Curriculum

- 1. Acute definitive management of acetabular fractures (2 weeks)
- 2. Femoral Neck (2 weeks)
  - a. Young
  - b. Geriatric
- 3. Hip fracture/dislocations journal club and cases (journal club 1)
- 4. Nonunions
  - a. General workup and treatment
  - b. Segmental bone defects
- 5. Multiplanar ex fix principles—Lab (Lab 1)
- 6. Periprosthetic with Kfuri
  - a. Hip
  - b. Knee
- 7. Acetabular/pelvis approaches lab (labs 2 and 3): 2 weeks
- 8. Hip arthroscopy lab (optional lab 4)
- 9. Distal radius journal club with cases (journal club 2)
- 10. Radiographic pelvis/acetabular Journal club (journal club 3)
  - a. Go over how to read/interpret x-rays
  - b. 3 recent pelvis/acetabular fracture articles
- 11. Acute definitive management of pelvic ring injuries (2 weeks)
  - a. Percutaneous methods
  - b. Open methods
- 12. Pertrochanteric femur fractures
- 13. Subtrochanteric femur fractures
- 14. Initial assessment of polytrauma patients journal club and cases (journal club 4)
  - a. Multiple extremity
  - b. DCO
  - c. Head/thoracic/abdominal injury
  - d. ARDS/FES/VTE
- 15. Infection
  - a. Acute
  - b. Chronic
  - c. Osteomyelitis
- 16. Humeral shaft
- 17. Forearm fractures
- 18. Ankle lab (lab 5)
  - a. Approaches
  - b. Discuss posterior malleolar fractures
- 19. Pilon fractures
- 20. Calcaneus fractures

- 21. Midfoot/forefoot injuries
- 22. Talus/subtalar fractures
- 23. Amputations journal club with cases (journal club 5)
  - a. Upper extremity
  - b. Lower extremity
- 24. Shoulder/elbow lab (lab 6)
  - a. Shoulder approaches
  - b. Elbow approaches
- 25. Shoulder injuries
  - a. Clavicle, AC and SC joint
  - b. Scapula/glenoid/scapulothoracic dissociation
- 26. Proximal humerus fractures ORIF and indications for arthroplasty
- 27. Distal Humerus Fractures including arthroplasty
- 28. Elbow dislocation/instability journal club and cases (journal club 6)
- 29. Trans-olecranon/Monteggia variants
- 30. Compartment syndrome and vascular injury
- 31. Mangled extremity/open fracture management (include GSW)
- 32. Distal femur fractures
- 33. Femoral shaft journal club and cases (journal club 7)
- 34. Periprosthetic with Crist
  - a. Hip
  - b. Knee
- 35. Tibial plateau fractures
- 36. Patella/extensor mechanism injury journal club and cases (journal club 8)
- 37. Knee approaches lab (lab 7)
- 38. Malunions and Peri-articular knee osteotomies
- 39. Tibial shaft Journal club and cases (journal club 9)
- 40. Soft tissue coverage and advanced wound closure techniques
- 41. Pediatric fractures
  - a. Special considerations/staying out of trouble
  - b. Supracondylar humerus fractures
- Total weeks = 44 (9 journal clubs; 7 labs with one optional)
- 42. Two conferences that the fellows can choose
  - a. Journal club and cases (journal club 10)
  - b. One topic
    - i. Potential options:
      - 1. THA

- 2. Hip preservation
- 3. Total ankle
- 4. Osteochondral allografts

## Summary:

- 46 weeks of curriculum, including labs and journal clubs. Leaves 6 weeks for cancelations
- 7 labs, 10 journal clubs
- Format
  - a. Each topic with their objectives placed on OneDrive
  - b. Attendings can upload talks/pictures/videos/pictures to the folders for their talks
    - i. Can build overtime
    - ii. Include journal articles that are relevant
  - c. Goal is for attendings to cover objectives through case-based learning/discussion
  - d. Will spread out conferences to give one lecture/month to the attendings as opposed to grouping them all together in clusters.
  - e. Fellows will be invited to conference; residents will be invited to the journal clubs
  - f. Journal clubs will include 3-4 articles and 2 cases to discuss